

Fork & Talk

INDIVIDUAL SALADS

(minimum 10 salads, minimum 5 of any type of salad)

\$18 each

Vietnamese beef salad with vermicelli, fresh herbs, cherry tomatoes, rocket, cress and nuac cham

Caesar salad with chicken schnitzel

Grain salad of quinoa and puy style lentils, pepitas, pinenuts, parsley, coriander and caperberries

Topped with greek yoghurt and lemon oregano lamb

Salad of radicchio, orange, fennel, walnuts, beans topped with flaked maple glazed tasmanian salmon

POKE BOWLS

(minimum 10 bowls. minimum 5 of any bowl)

\$18 each

Sashimi grade tuna with sesame, avocado, cucumber, pickled cabbage, edamame, green onion, wasabi mayo and brown rice

Flaked salmon, cherry tomato, radish, pickled cucumber, wakami, carrot, Japanese mayo and sushi rice Tofu, broccoli, green onion, avocado, radish, cucumber, wakami, fried shallot, nori, togarashi and quinoa

HOT LUNCH BOXES

(minimum 20. minimum 10 of any one type)

\$23 each

Noodles

Chicken breast and rice noodles are stir fried with assorted asian vegetables, ginger, herbs and hoisin





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Mexican style pork

Served with dirty rice, tortillas, sour cream and jalapenos

Paella

Chorizo and chicken thigh with tomatoes, capsicum, rice and peas

Rump steak

Served over roasted potatoes, peas and peppercorn sauce

Chicken katsu

Japanese curried fried chicken and rice

We require two working days notice and a minimum order is for ten people. Delivery charges apply.

Prices quoted exclude GST. Payment terms are COD. Visa and Mastercard attract a 2.5% surcharge and regular customers can apply for a 7 day trading account.

Please note menu items change based on availability and seasonality. All prices quoted for menu, staff and equipment are subject to change without notice.

Most special dietary requirements can be catered for with advance notice.
*All food produced on equipment that also handles nuts, soy, gluten, seafood, crustaceans, seeds, oils, eggs and a total absence of these cannot be guaranteed.

